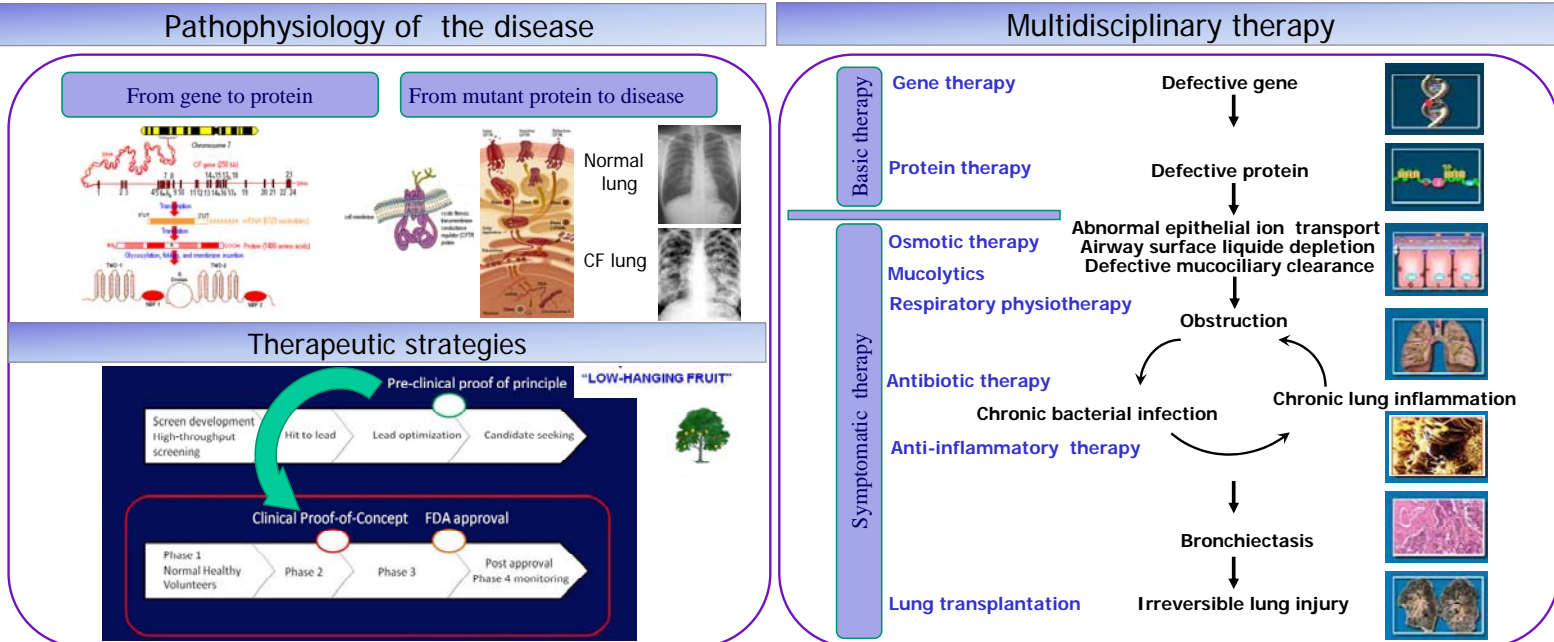


Treatment of Cystic Fibrosis: "From bench to bed"

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Palem A, Leonard A, Leal T



We have developed an intensive research program on rational therapies for cystic fibrosis (CF) based on the understanding of the complex pathophysiology of the disease. Mutations on the *CFTR* gene results in defective CFTR protein function leading to decreased chloride transport and increased sodium transport across epithelial cells. Dysregulated ion transport causes depletion of airway surface liquid volume and impairment in mucus clearance. Mucostasis in turn predisposes the CF lung to chronic bacterial infection. The nonresolving neutrophilic inflammatory response to this chronic infection causes progressive and permanent airway damage, such that bronchiectasis and respiratory failure are the common findings in end-stage CF lung disease. Hopes of preventing this cascade of events are provided by the development of new therapies that address the underlying defects of the disease.



3 ILLUSTRATIVE PROJECTS UNDER DEVELOPMENT

SELECTIVE TYPE 5 PHOSPHODIESTERASE INHIBITORS TO ACTIVATE (POTENTIATORS/CORRECTORS) THE MUTANT CFTR PROTEIN

'Low-Hanging Fruit' - Phosphodiesterase type 5 inhibitors

Sildenafil: activation of CFTR function

Correction of chloride transport

Vardenafil topical nasal instillation: activation of CFTR function

Clinical trial in CF F508del patients: ongoing

LUNG INFLAMMATION IN CF BENEFICIAL EFFECTS AND MECHANISM OF ACTION OF AZITHROMYCIN

'Low-Hanging Fruit' - Azithromycin

Mechanism of action not understood

- 4 clinical trials in CF
 - Welser J et al. Thorax 1999
 - Egal A et al. Lancet 2002
 - Saimon L et al. JAMA 2003
 - Clement A et al. Thorax 2006
- Azithromycin
 - Improved lung function
 - Reduced exacerbations
 - Improved weight gain
- Azithromycin is recommended for chronic use for CF patients infected with *P. aeruginosa*

In vivo experiments
Evaluation of inflammatory responses in bronchoalveolar lavage

In vitro experiments
Evaluation of inflammatory responses in isolated purified cells in culture

Azithromycin: anti-inflammatory effect

ESSENTIAL FATTY ACID IMBALANCE IN CF BENEFICIAL EFFECTS OF THE ORAL SUPPLEMENTATION WITH DOCOSAHEXAENOIC ACID (DHA)

Beyond lungs: Nutrition, the Cinderella of CF care

Our own source of DHA formulation

Fish oil 60 mg/kg/d

200 mg/d

DHA enriched liposomes

DHA enriched eggs

DHA oral supplementation therapy

Pancreas ↑ **Ileum** ↓

Polyunsaturated fatty acid (omega3/omega6) imbalance Correction after DHA supplementation

Multicentric clinical trial: ongoing